

## **What to expect after your Crown or Bridge procedure**

Your tooth or teeth have been prepared for permanent restoration as a crown or a bridge. While we are waiting for the final custom made porcelain restoration to arrive from the laboratory, a temporary restoration has been placed to help cover your tooth, protect it from sensitivity and to keep it from drifting into a different position in your mouth.

Don't worry, it is normal to experience some hot and cold sensitivity and this should subside in a few days. The teeth require some time to heal after removal of tooth structure and will be sensitive in the interim. Your gums may also be sore for a few days. If this sensitivity is severe and does not dissipate, please call the office for an evaluation.

Remember that it will take time to adjust to the feel of your new bite. When the bite is altered or the position of the teeth is changed it takes several days for the brain to recognize the new position of your teeth or their thickness as normal. If you continue to detect any high spots or problems with your bite, call us so we can adjust it.

- Do not eat anything sticky, hard or chewy as this may pull the temporary off or break it. If it does come off, slip it back on the tooth with some toothpaste, then call us and we'll re-cement it or make a new one. Please **do not leave the temporary out of your mouth** because the teeth will move and the final restoration will not fit.
- Be careful brushing and **DO NOT** floss around your temporary crown, as you may accidentally pop off or dislodge the temporary. You will, however, be encouraged to floss when your final crown is on.
- The size, shape and color of the temporary do not resemble the final crown. The final crown will be perfectly custom made by master technician in a laboratory.

We also recommend that you take 600mg of Ibuprofen every 4-6 hours (3 tabs of 200mg of the brand name drug Advil or Motrin) for the first 24 hours to aid with your healing and to help manage any discomfort. This is a medication that will reduce the inflammation in the area that was treated.

If you have any questions or concerns following your treatment, please do not hesitate to call our office and speak with a staff member. If your call is after hours, the office voicemail will indicate how to reach one of the doctors at home.

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