



## **What to Expect After The Removal of Primary (Baby) Teeth**

Your child will have a numb lip, cheek and/or tongue for around thirty minutes to three hours following the extraction, depending on how many teeth were removed. Please monitor your child, making sure they don't chew on that side until it is once again "awake". Children can bite on their cheeks and tongue and not realize how much force is being exerted. This will lead to swelling of the lip or tongue and there is no treatment for this situation.

- Remind your child not to bite their lip, cheek and/or tongue.
- Keep your child's diet soft for 24 hours. Avoid hard, crunchy foods.
- Keep your child's activity monitored for the remainder of the day - no high activity, please!
- Continue biting on the gauze for 10 minutes straight, then change. Repeat until the bleeding stops. It is normal for the area to "ooze" and bleed lightly for up to 24 hours.

It is not uncommon to have a light bloodstain on the pillow the night of the extraction. Often just rubbing on the pillow while asleep will cause a mixture of saliva and blood flow that may cause concern. A small amount is within normal range.

If bleeding persists more than 24 hours after the extraction, please call the office.

*– Dr. Chahine, DMD, FAGD, Dr. Dugas, DDS & Associates*

Westerville  
ph: 614.823.8668

Hilliard  
ph: 614.777.8668

www.just-smiles.com  
info@just-smiles.com